

GREEN+ 2026

Session 5 - Energy Modeling & Why We do it



GREEN+

2026

SUSTAINABLE DEVELOPMENT
10 TRAINING SESSIONS

hosted and supported by

TEXAS ASSOCIATION OF COMMUNITY
DEVELOPMENT CORPORATIONS

Why Do We Need a Green CDC Training in Texas?

- Nearly one-third of Texans face high energy burdens, with low-income, minority, and rural communities disproportionately affected due to aging homes and inefficient infrastructure.
- Rising utility costs, grid upgrades, and new industrial demands like data centers threaten to worsen affordability and reliability across the state.
- While conservation and clean energy is a potential solution, public understanding is low and opinions are deeply divided along partisan lines, highlighting a need for broader education and policy focus on both supply and demand.
- Nearly 45% of households pay over \$200 a month on average for summer electricity. About one-third of Texans spend 7% or more of their income on energy — surpassing the high energy burden threshold of 6%.





Regina Nippert
Masters in HCD, SMU

**Co-Founder of
GREEN+**

Human Systems & Strategies Design
Sustainable Development Advocate



**Karen Brooks
Crosby**

**Co-Founder of
GREEN+**

MAE B. Real Estate Development
Managing Partner



**Beth Brant, AIA,
LEED AP BD+C, LFA**

**Board Member of
GREEN+**

DSGN - Architect / Director of
Sustainability/ Principal



Intro to Green Building and Overview of Types of 3rd Party Certifications

Session 1
Today - January 13



Designing For Resilience

Session 2
February 10th



March 29 - 31
TACDC Conference



Passive Solar Design in Texas

Session 4
April 14



Basic Energy Modeling & Why We Do It

Session 5
May 12



Renovation & Reuse: The Hidden Power of Existing Buildings

Session 6
June 9



LEED & The Living Building Challenge

Session 7
July 14



WELL, Fitwell, & Healthy Materials

Session 8
August 11



Net Zero Energy (NZE)

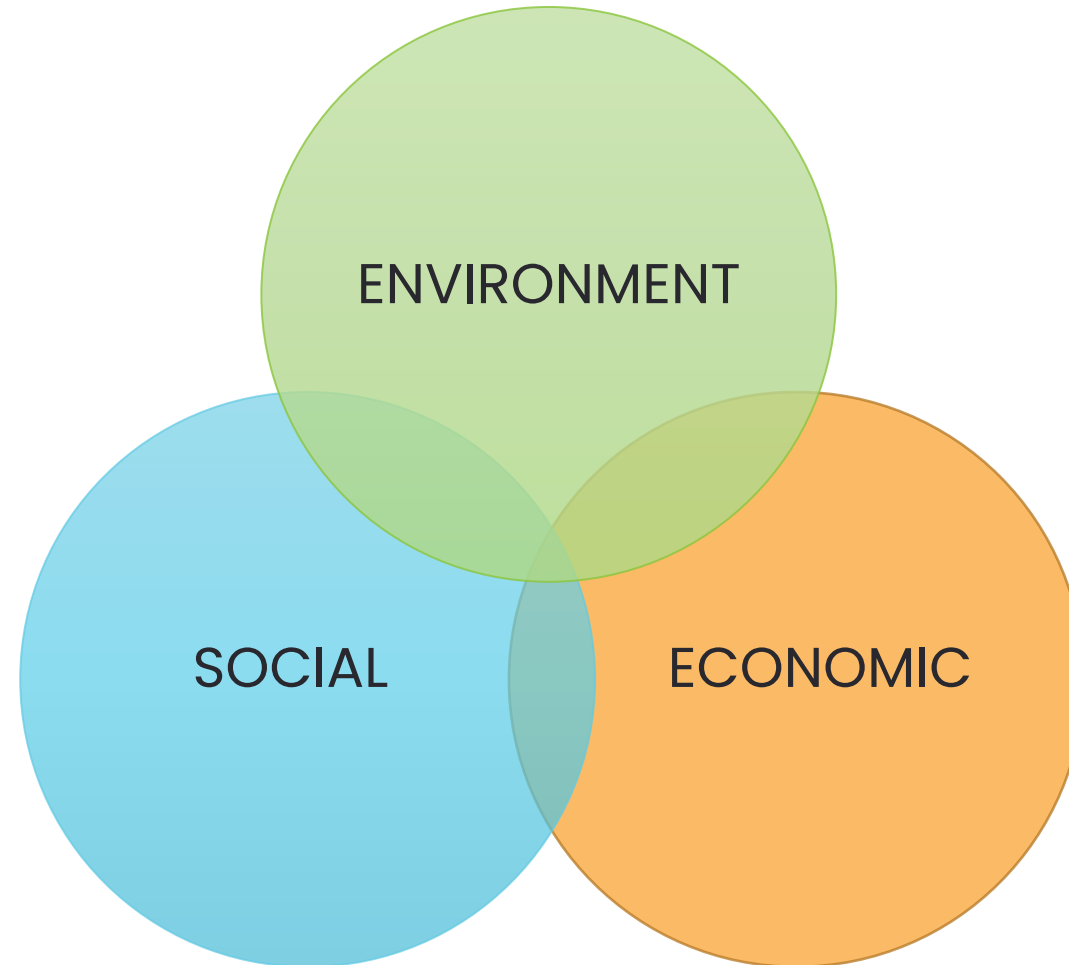
Session 9
September 8



Carbon/Electrification & A Year In Review

Session 10
October 13

Sustainability Interconnection & Complexity





Sustainable design and green building certifications offer a comprehensive framework to create healthier, more eco-friendly, and socially-conscious communities. By embracing these principles, organizations can enhance the quality of affordable housing projects, unlock funding opportunities, and foster greater community well-being. The journey towards a more sustainable future starts with taking the first steps to incorporate these practices and certifications into your development plans.



Basic Energy Modeling & Why We Do It

May 12

Energy modeling is a simple but powerful tool to inform design decisions and highlight opportunities for improved performance. This session will introduce the basics of energy modeling and explain how it helps architects, engineers, and owners evaluate different design options. We'll focus on how modeling can guide conversations about efficiency, reveal strategies with quick paybacks, and support smarter choices early in the process. Attendees will gain an understanding of why investing in this step with their design team leads to more affordable and sustainable projects over time.



Presenters



Beth Brant, AIA,
LEED AP BD+C, LFA

bbrant@dsgn.com



Adam Nemati, PE
RCDD, LEED AP,

anemati@mepce.com



Kate Sector Greg
Assoc. AIA, LFA, WELL AP,
LEED Green Associate

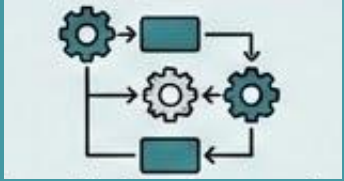
ksector@lakeflato.com



Agenda



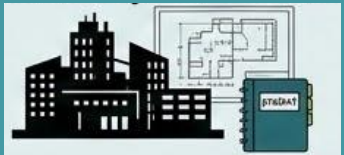
1. What is energy modeling? Why is it important?



2. Typical Tools used for Energy Modeling



3. The Process of Energy modeling (per type of project)



4. Case Studies



5. Summary of Benefits



6. Q&A / Discussion

Agenda (Notes Version)

1. What is energy modeling? Why is it important? - General intro slide
2. The Process of Energy modeling (per type of project)
 - a. Each goes through our approach (2-4 slides each)
3. Typical Tools used for Energy Modeling (one slide showing a few - IES, Trane Trace, Sefaira, Autodesign insight, Open studio / energy plus - DOE website)
4. Project Gains / Benefits (one slide)
5. Case Studies
 - a. Kate 2 case studies
 - b. Adam:
 - i. Airport case study too detailed for this audience. No Affordable housing energy models. Looking into a residential home energy model. Speak to the progress and early energy modeling.
 - c. Beth: Library case study
6. Q&A / Discussion

What is energy modeling?

Building Energy Modeling (BEM) is a computer-based, physics-driven simulation that predicts a building's energy consumption, costs, and performance during the design phase. It allows architects and engineers to optimize the building envelope (aka insulation and windows), HVAC, lighting, and other electric loads to meet code compliance, enhance efficiency, and / or reduce carbon emissions.

Key Aspects of Energy Modeling in Building Design

- **Performance Optimization:** Evaluates tradeoffs between design options (e.g., window-tall ratios, insulation levels) to minimize energy use while ensuring occupant comfort.
- **HVAC Design:** Helps mechanical engineers evaluate different systems and design efficient HVAC systems.
- **Regulatory / Codes or 3rd Party Green:** Used to verify compliance with energy codes (like ASHRAE 90.1) and to achieve green building certifications such as LEED.
- **Cost Analysis:** Enables Life Cycle Cost Analysis (LCCA) to compare the upfront construction costs with long-term operational energy savings.
- **Simulation Scenarios:** Models unique factors like building orientation, occupancy schedules, and local weather data for accurate performance



Performance Optimization

Evaluates tradeoffs between design options (e.g, window ratios, insulation levels) to minimize energy use ensuring occupant comfort.



HVAC Design

Helps designs mechanical engineers evaluate different systems and design efficient HVAC systems.



Cost Analysis

Enables Life Cycle Analysis to compare the upfront construction costs with long-term operational energy savings.



Simulation Scenarios

Builds unique factoring schedules, occupancies, and local weather data for accurate performance

Why is it Important?

Energy modeling augments best practices with tangible data. It allows teams to test a building's performance virtually before construction begins, identifying flaws and optimizing systems when changes are still inexpensive.

- **Cost Reduction:** Modeling can reduce total lifecycle costs by 20% to 30%. It helps "right-size" expensive HVAC equipment, potentially lowering upfront capital expenses.
- **Risk Mitigation:** It acts as a "design-assist" tool to ensure buildings meet evolving energy codes (like ASHRAE 90.1) and avoid costly mid-construction redesigns.
- **Occupant Comfort:** Beyond energy, models predict indoor environmental quality, including daylight levels, humidity, and thermal comfort.
- **Environmental Impact:** With the building industry accounting for roughly 40% of global energy consumption, modeling is essential for meeting carbon neutrality and net-zero goals.
- **Third Party Certification:** It is a required component for obtaining high-value green certifications like LEED, Living Building, or Green Globes.

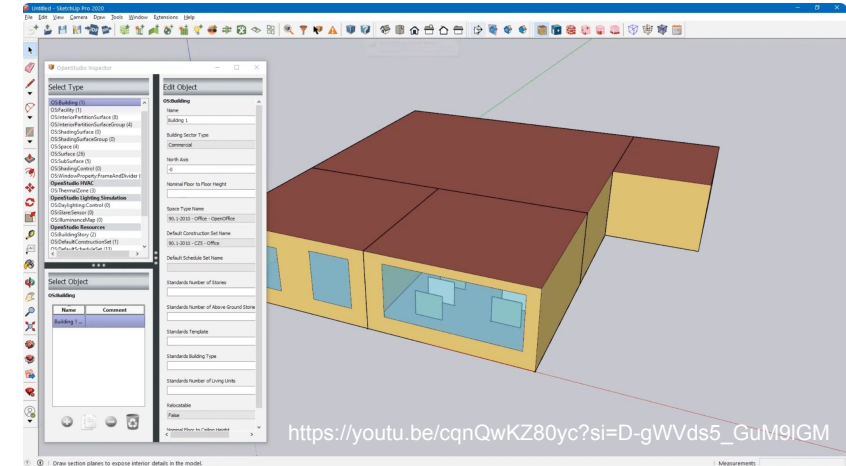


Typical Tools used for Energy Modeling



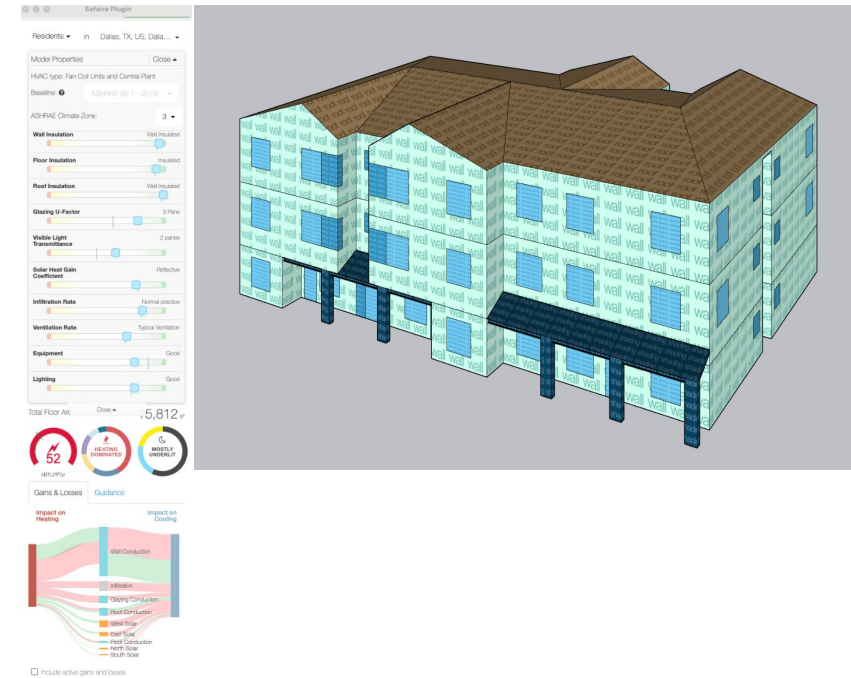
Open Studio / Energy+ is an open-source and graphical interface that facilitates building energy modeling, acting as a user-friendly front-end for the EnergyPlus simulation engine.

EnergyPlus is a free simulation engine from the US Dept of Energy. Together, they allow users to create 3D geometries (via **SketchUp**), define HVAC systems, and simulate energy usage using EnergyPlus, while OpenStudio streamlines input management and results visualization.



Sefaira is a cloud-based, real-time building performance analysis tool that enables architects and engineers to quickly simulate energy, carbon, and daylighting during the early stages of design. It acts as a plugin for **SketchUp** and **Revit**, using industry-accredited engines (EnergyPlus/Radiance) to provide fast, actionable feedback on design decisions.

It also directly links to the AIA's DDX which the platform used to report for the AIA 2030 Commitment.



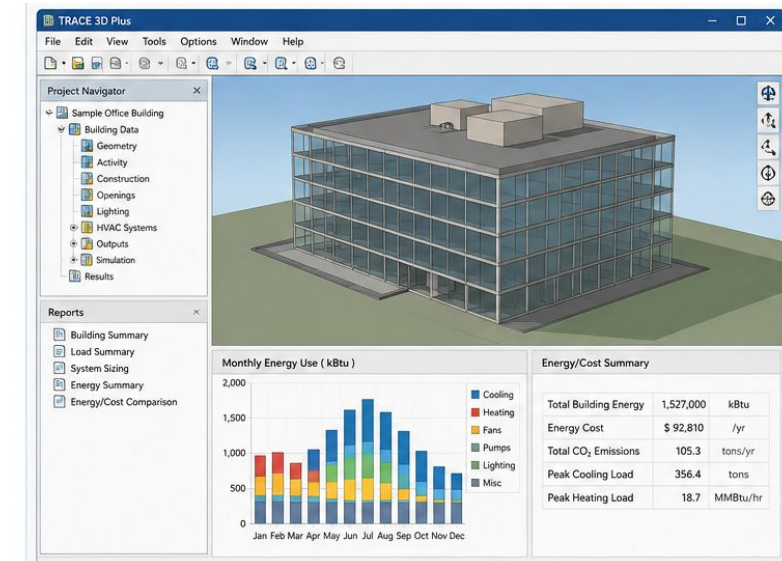
Typical Tools used for Energy Modeling



Trace 3D Plus is an intuitive building simulation tool focused on HVAC load calculations, system modeling, and energy analysis.

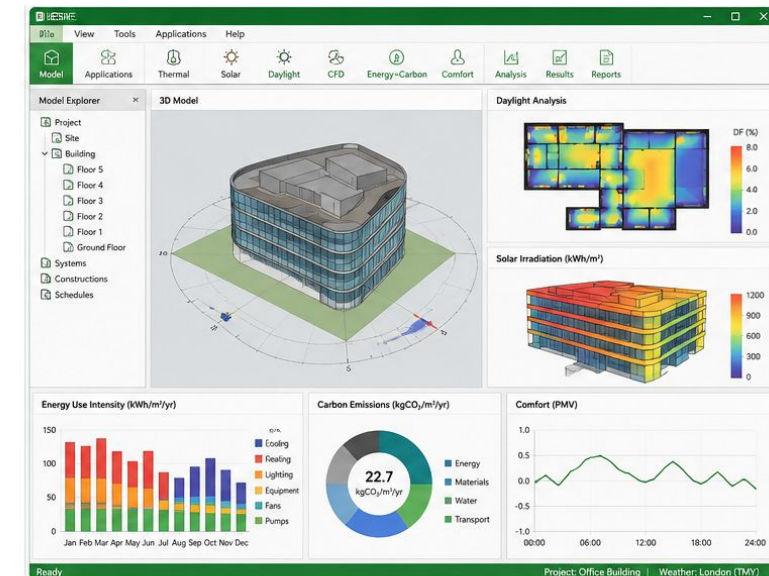
It is widely used for sizing HVAC systems and comparing energy use, operating costs, and carbon emissions across design options. The software offers a user-friendly interface with wizards and templates that streamline the modeling process.

It integrates well with Trane equipment and provides detailed reports to support engineering decisions. **TRACE is ideal for engineers** who need fast, reliable results for HVAC design and system optimization.



IESVE is a comprehensive building performance simulation platform that evaluates energy, daylight, solar, airflow, and more. It supports a wide range of analyses including thermal comfort, natural ventilation, dynamic shading, and carbon assessments. The software enables integrated design by connecting performance insights across the whole project lifecycle.

IESVE helps designers achieve compliance with green building standards and drive low-carbon, sustainable design. It is ideal for complex projects where multidisciplinary analysis and decarbonization strategies are required.



The Process of Energy modeling - per types of project

- **Small Projects - in-house energy modeling will likely not be built-in** to the fee, so be sure to ask for this service when defining the scope of work
- **Small Firms or Sole Proprietors** - some may not have the know-how to do energy modeling in-house, in which case you may ask them about this, and suggest they hire a sustainability consultant or encourage them to have the MEP engineer include this in their scope of work.
- **Medium / Large Firms** - larger firms *might* have the know-how to do energy modeling in-house, but it is best to confirm and ask them how many models they typically run, and if this is an add service and *most prefer* to engage with an MEP engineer to run the model(s)
- **MEP Energy Models** - MEP engineers *should* have the know-how to do energy modeling, but it is best to confirm and ask them how many models they typically run per project, and if this is an add service. *commodity, regulated, heavy-commercial...
- **Clarify the Goal!** - Be sure to clarify with the Design Team up front, what you want the energy model for.. i.e. to study design for optimization, for LEED, or to get to NET Zero? The answer will guide the design team as to which type of energy modeling you will need.
- **Third Party Certification:** It is a required component for obtaining high-value green certifications like LEED, Living Building, or Green Globes.



LAKE FLATO



Custom Residential



Eco-Conservation



Independent Schools



Civic / Cultural

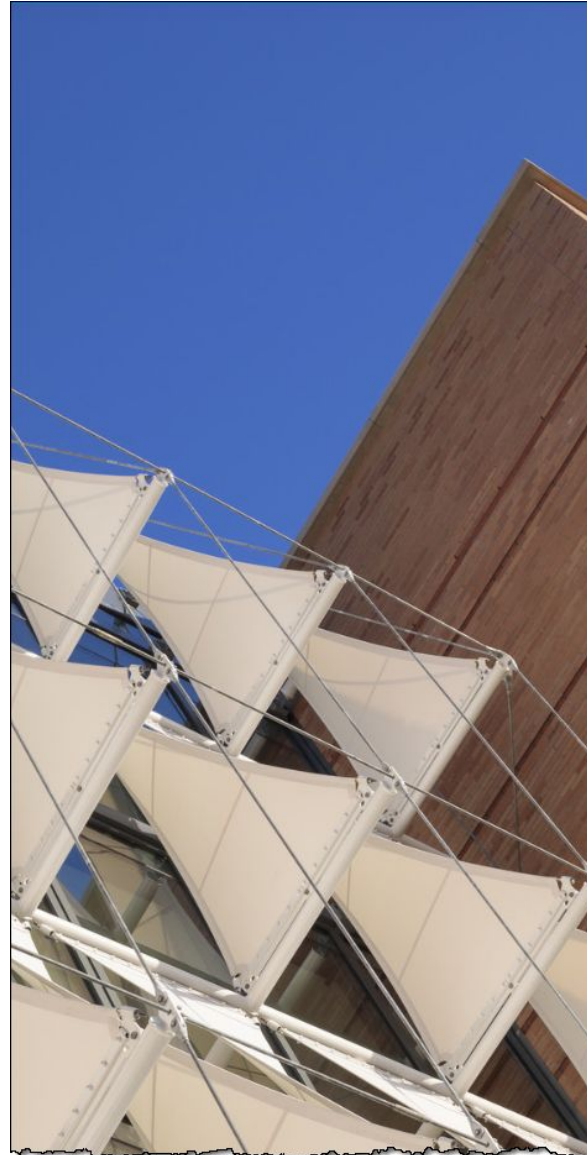


Higher Education



Urban Environments

Lake Flato's Approach: Commitment to Firm-wide Energy Reduction



OBJECTIVE 3.B

ACHIEVE NET-ZERO ENERGY BY 2030 AND REGENERATIVE ENERGY BY 2050

LIF BASE:

- Establish an energy use intensity baseline (EUI) from a benchmarked regional building of the same type. [1]
- Achieve AIA 2030 Challenge targets as they progress over time. As of 2022, meet an 80-90% annual energy reduction from a baseline after accounting for on-site renewable power. Achieve 100% annual energy reduction by 2030. [1]
- Maximize climate-specific passive strategies to minimize energy consumption and peak loads.
- Collaborate with consultants to optimize the building envelope and HVAC design.
- Conduct early and iterative energy modeling throughout the design process. [12]
- Conduct a renewable energy potential analysis, such as photovoltaics, and share results with the client.
- Design to be solar-ready and all-electric. [4] [12]

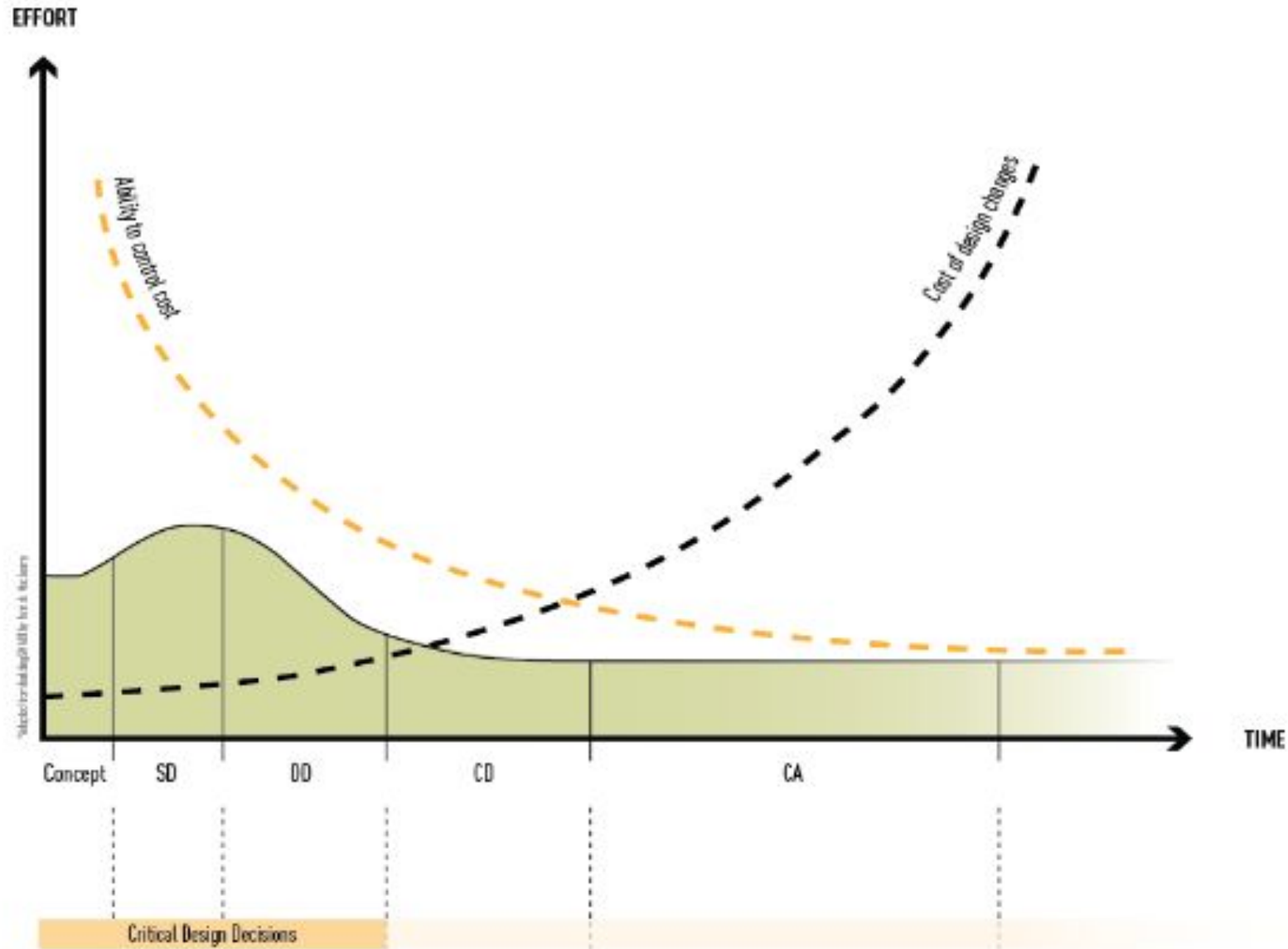
LIF REACH:

- Achieve annual net-positive energy use. [4]
- Conduct post-occupancy energy metering to confirm and further reduce energy after construction.
- Conduct building commissioning to ensure quality assurance. [12]
- Offset remaining operational carbon impact using third-party verified certifications. [12]
- Generate energy without combustion. [4]

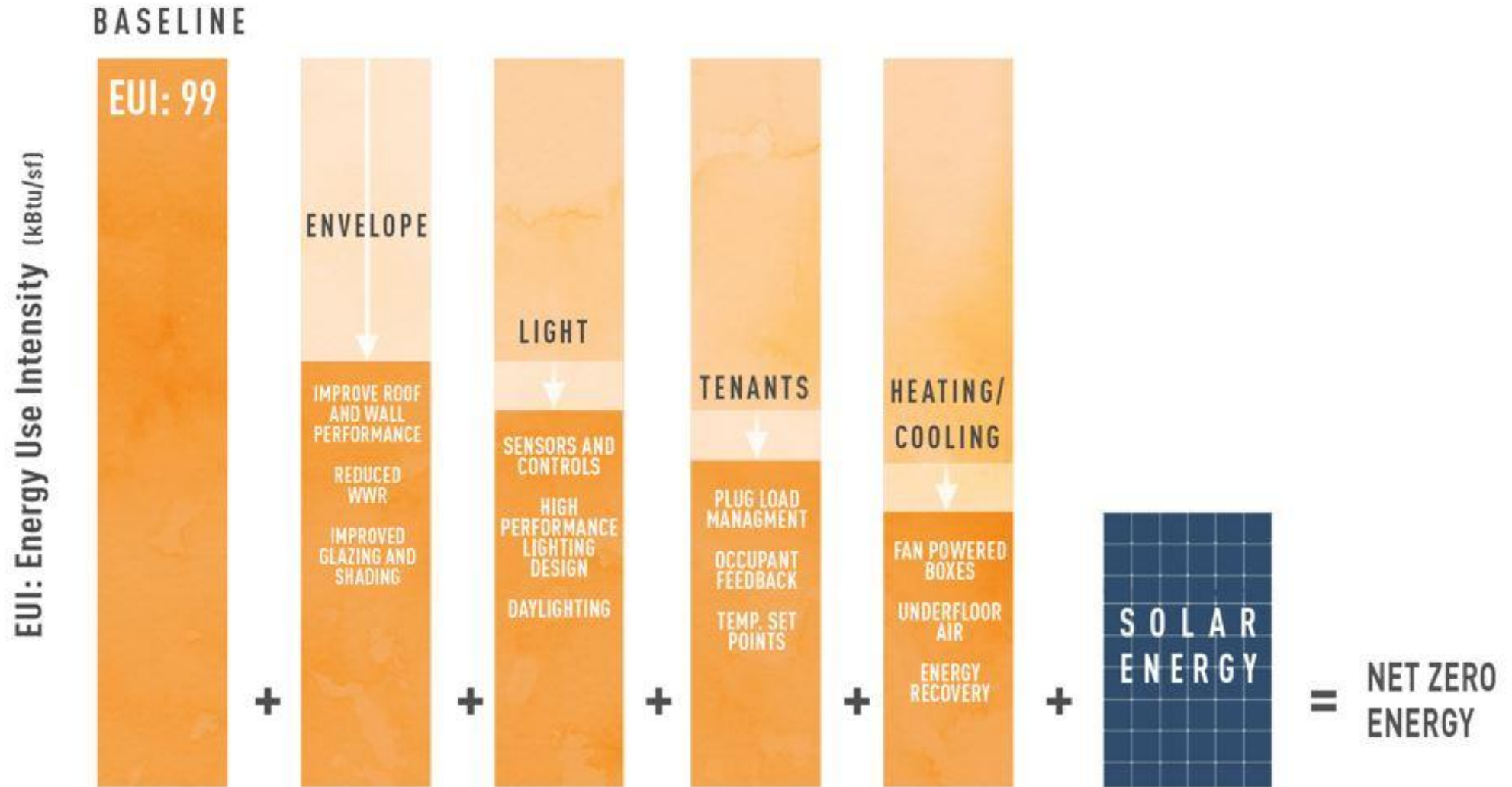
Lake Flato's Approach: Integrated design and energy-focus from the start



Lake Flato's Approach: Upfront investing saves time and money



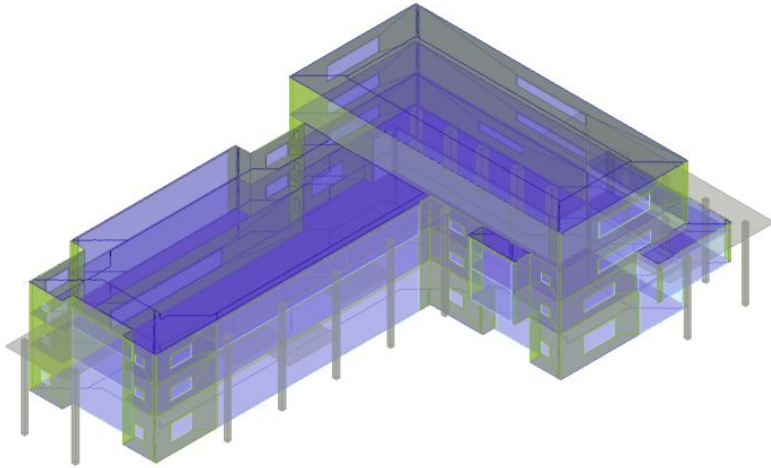
Lake Flato's Approach: Passive, Active, then Renewables



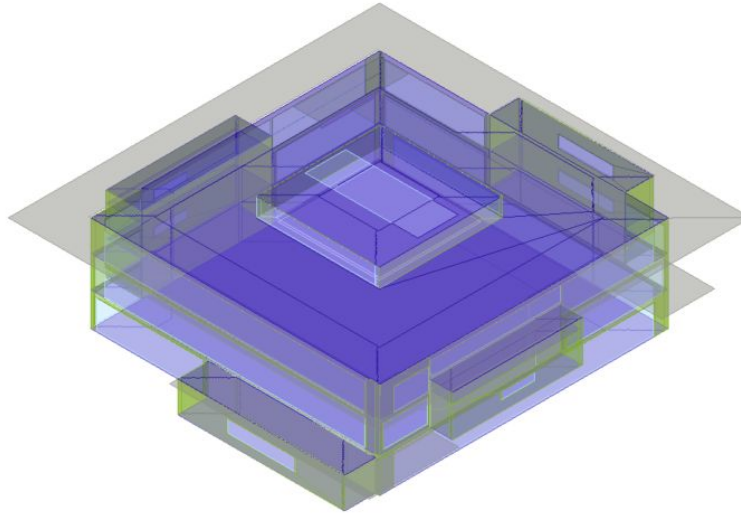
Case Study #1 – In House Modeling: Comparing Three Designs

University Project Concept Study

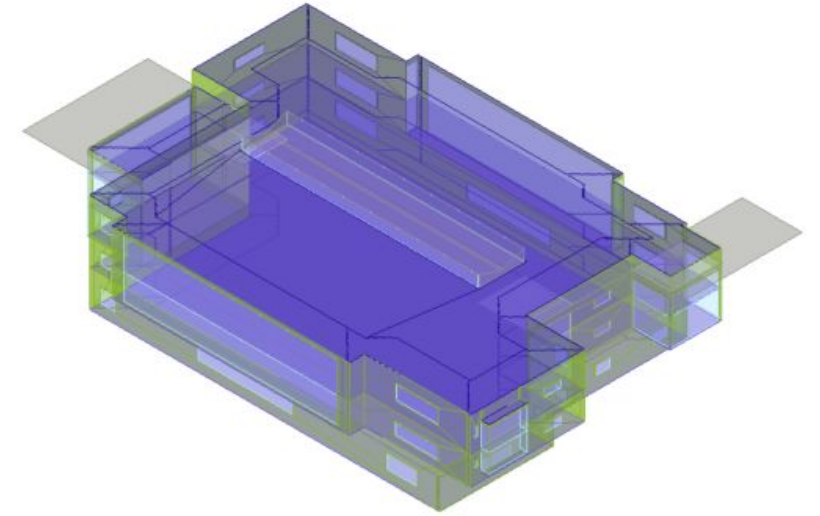
Option 1



Option 2



Option 3

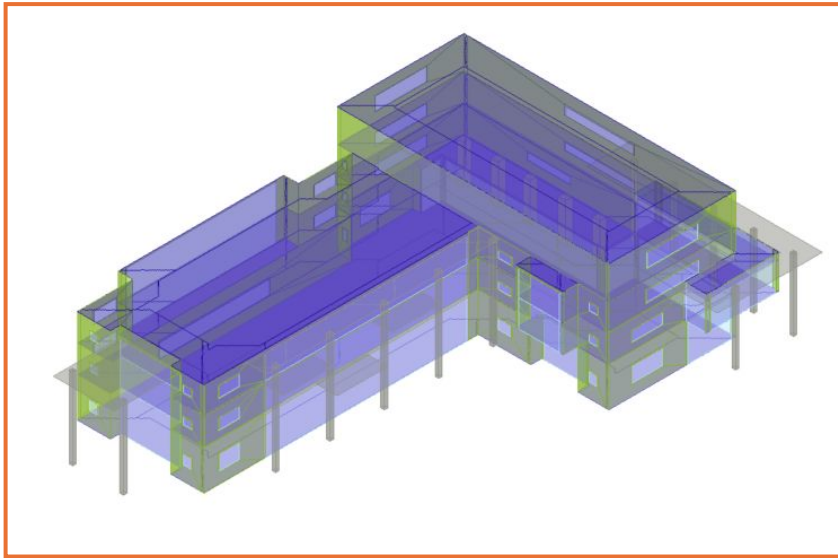


Goal: Passive regional climate considerations and passive strategies first (orientation, window placement, shading, form and floor depth, etc), then active strategies

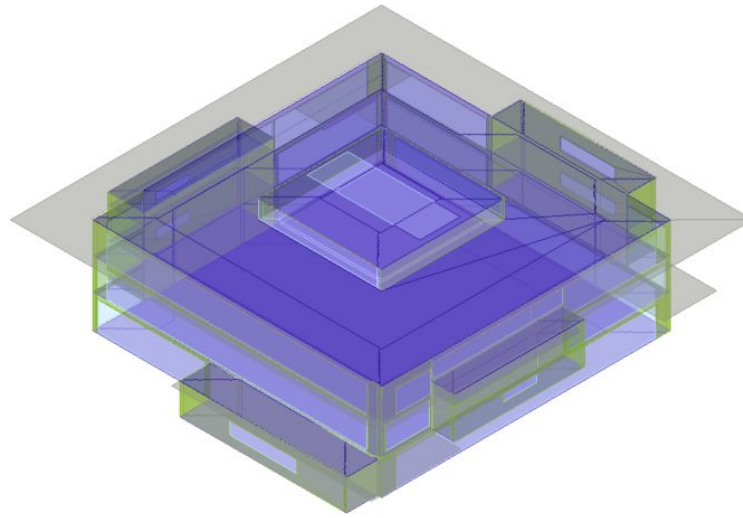
Case Study #1 – In House Modeling: Comparing Three Designs

University Project Concept Study

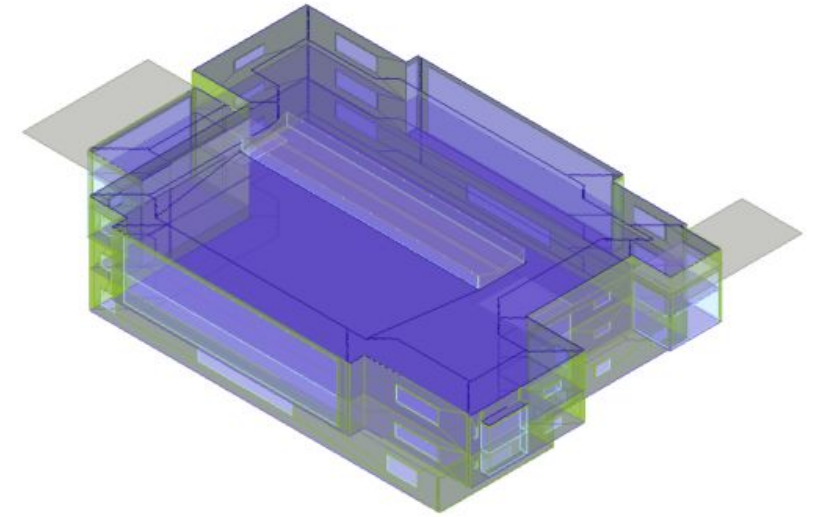
Option 1



Option 2



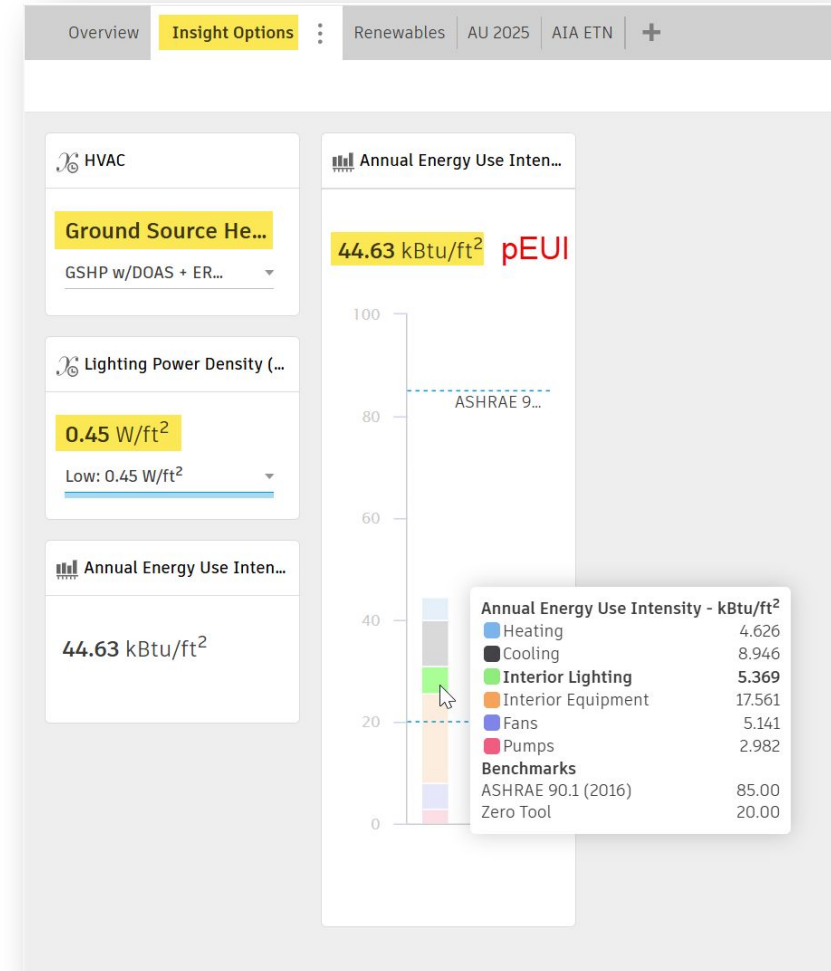
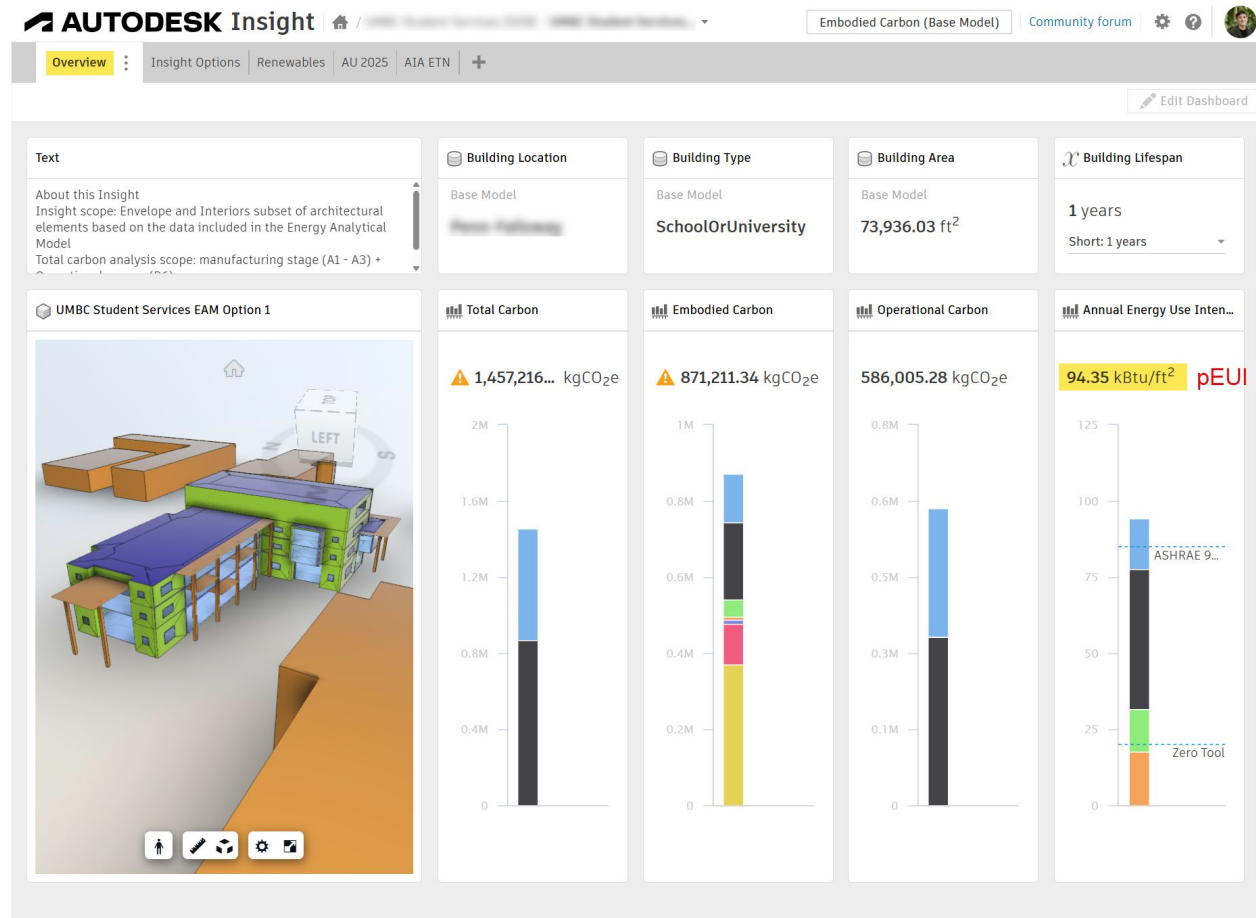
Option 3



***The L-shaped form** allowed for slightly lower energy use through self-shading geometry, narrower floor plates that improve daylighting and reduce lighting loads, increased natural ventilation potential, and orientation-responsive window placement that minimizes excessive heat gain.*

Case Study #1 – In House Modeling: Results

Exploring HVAC and LPD options in Autodesk Insight



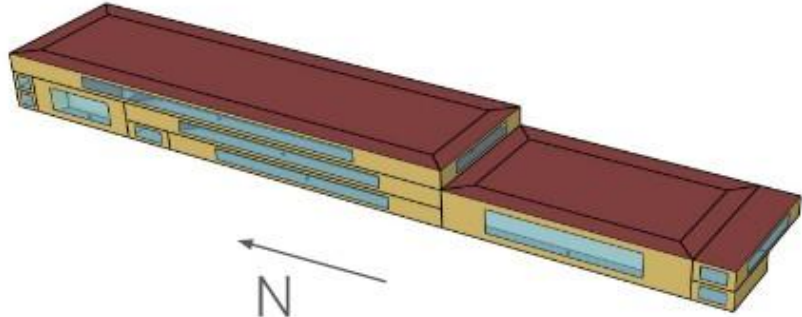
Biggest energy saving strategies: high performance envelope, efficient HVAC and set points, reduced lighting and plug loads, airtight envelope, hot water efficiency,

Case Study #1 – In House Modeling: Modeling Solar Potential

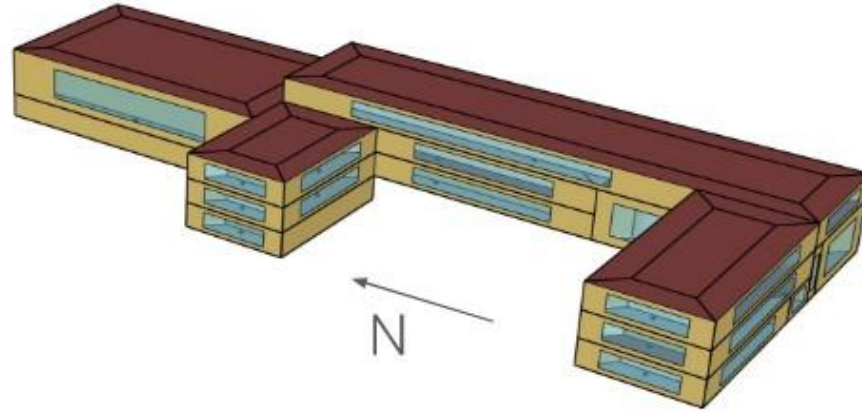


Case Study #2 – Outsource MEP Modeling: Design Options

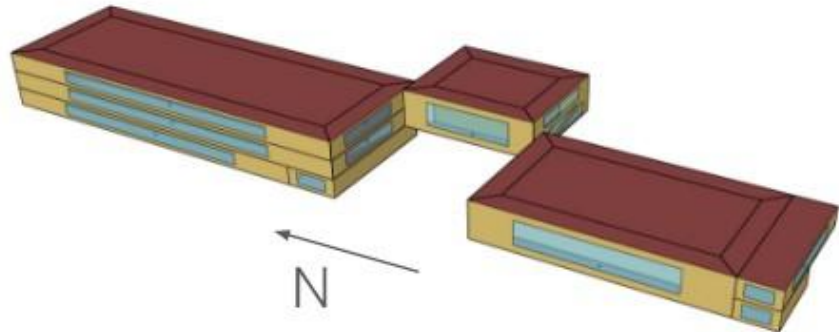
Model Geometries



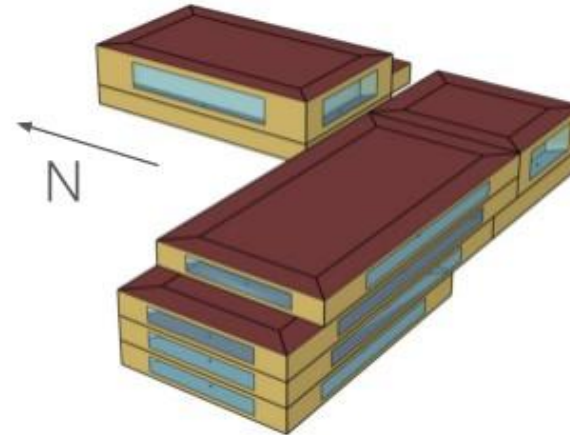
One Compact Bar



U-Shaped Wings

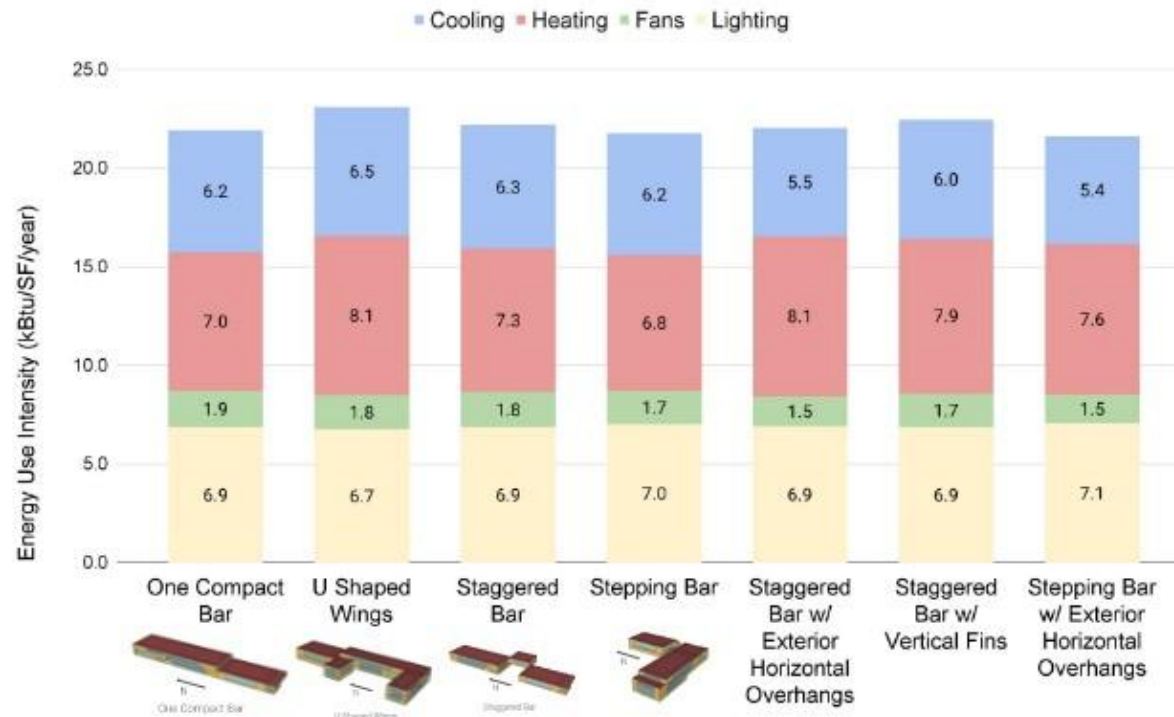


Staggered Bar



Case Study #2 – Outsource MEP Modeling: Design Options

Box Model Energy Analysis



Key Takeaways

Horizontal overhangs reduce the annual cooling energy by ~15%.

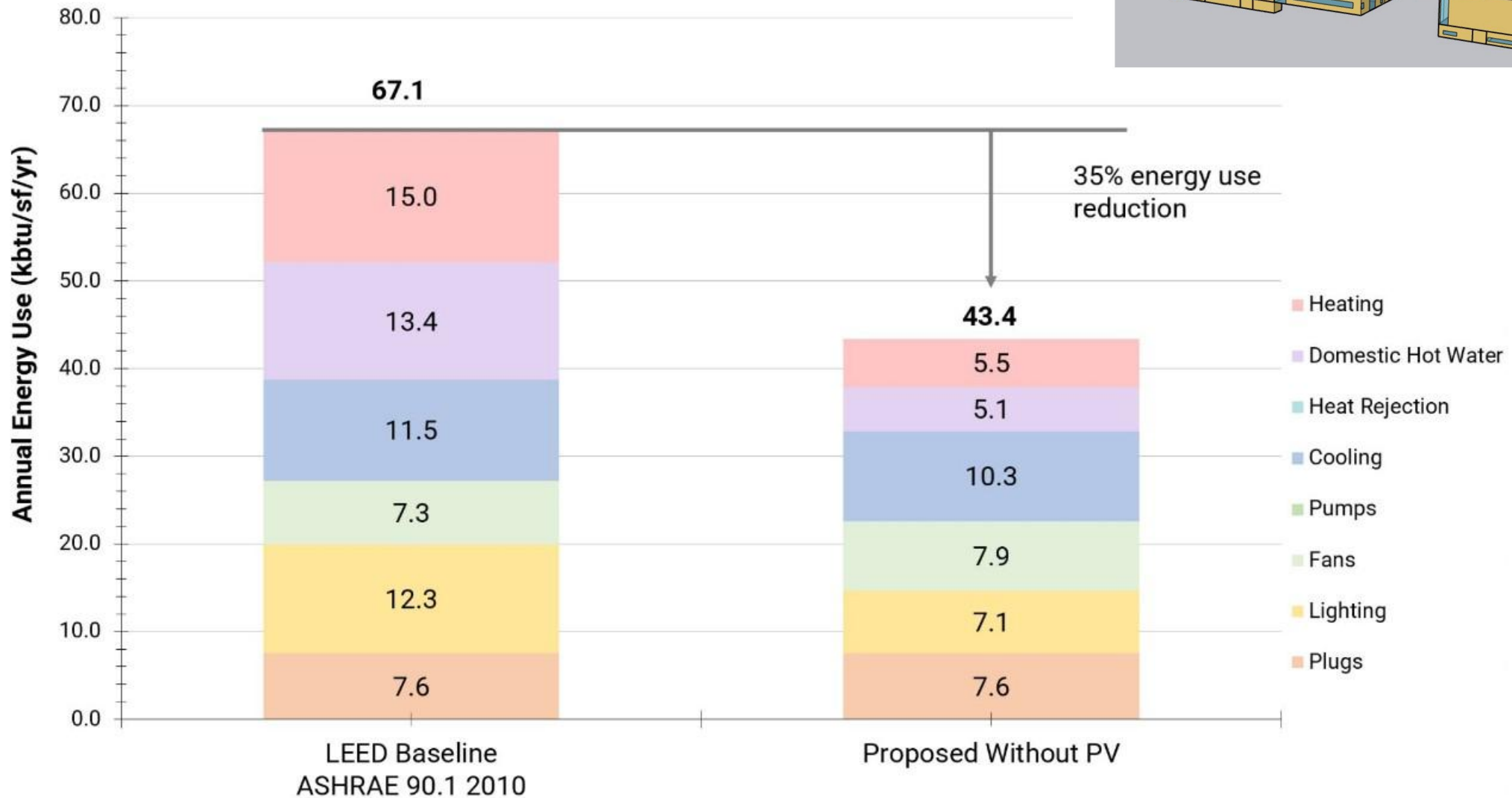
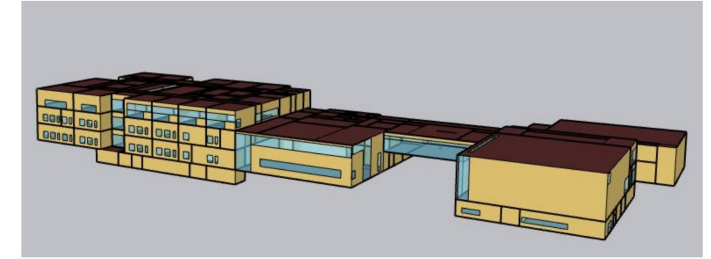
The U Shaped Wings has the highest HVAC energy due to greater skin area, but the lowest lighting energy.

The Stepping Bar with Horizontal Overhangs will use the least energy overall.

Peak Cooling Load (tons)	One Compact Bar	U Shaped Wings	Staggered Bar	Stepping Bar	Staggered Bar w/ Exterior Horizontal Overhangs	Staggered Bar w/ Vertical Fins	Stepping Bar w/ Exterior Horizontal Overhangs
Peak Cooling Load (tons)	99	121	98	118	97	97	117

Case Study #2 – Outsource MEP Modeling: Energy Reduction Results

Energy Use Comparison



Projected PV Generation

Power Rating = 490.4 kW

Annual Energy Generation
= 639.7 MWh

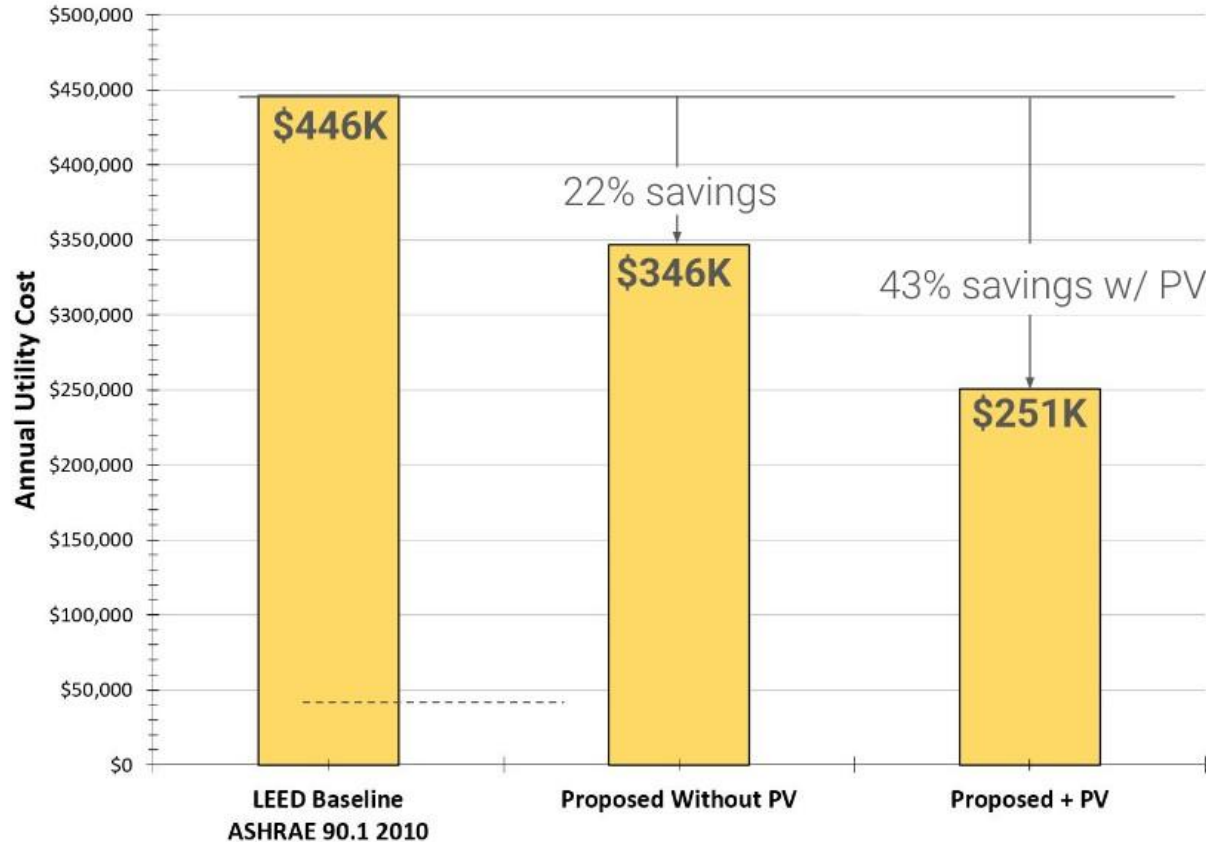
Module: Canadian Solar,
CS6R-445H-AG (1500V)
(445W)

Inverter: Sunny Tripower
24000TL-US (SMA)



Case Study #2 – Outsource MEP Modeling: Cost Savings

LEED Energy Cost Savings Comparison



**Estimated Blended Electricity Rate
(actual rate will depend on
agreement with utility)**

\$0.15 / kWh

Without PV

EAc2: 9 Points

With PV

EAc2: 16 Points

+3 additional points for renewable
energy credit

Notes: 20% safety factor is included in the LEED point estimate given the early stage of design.

PV Cost savings is per LEED calculation method and does not reflect the actual expected energy cost for the school, given the elimination of net energy metering in Arkansas.

Points are estimated assuming LEED V4 Schools category for the Optimize Energy Credit.

Case Study #3 – MEPCE – Energy
Modeling & Adam’s House

Open Cell

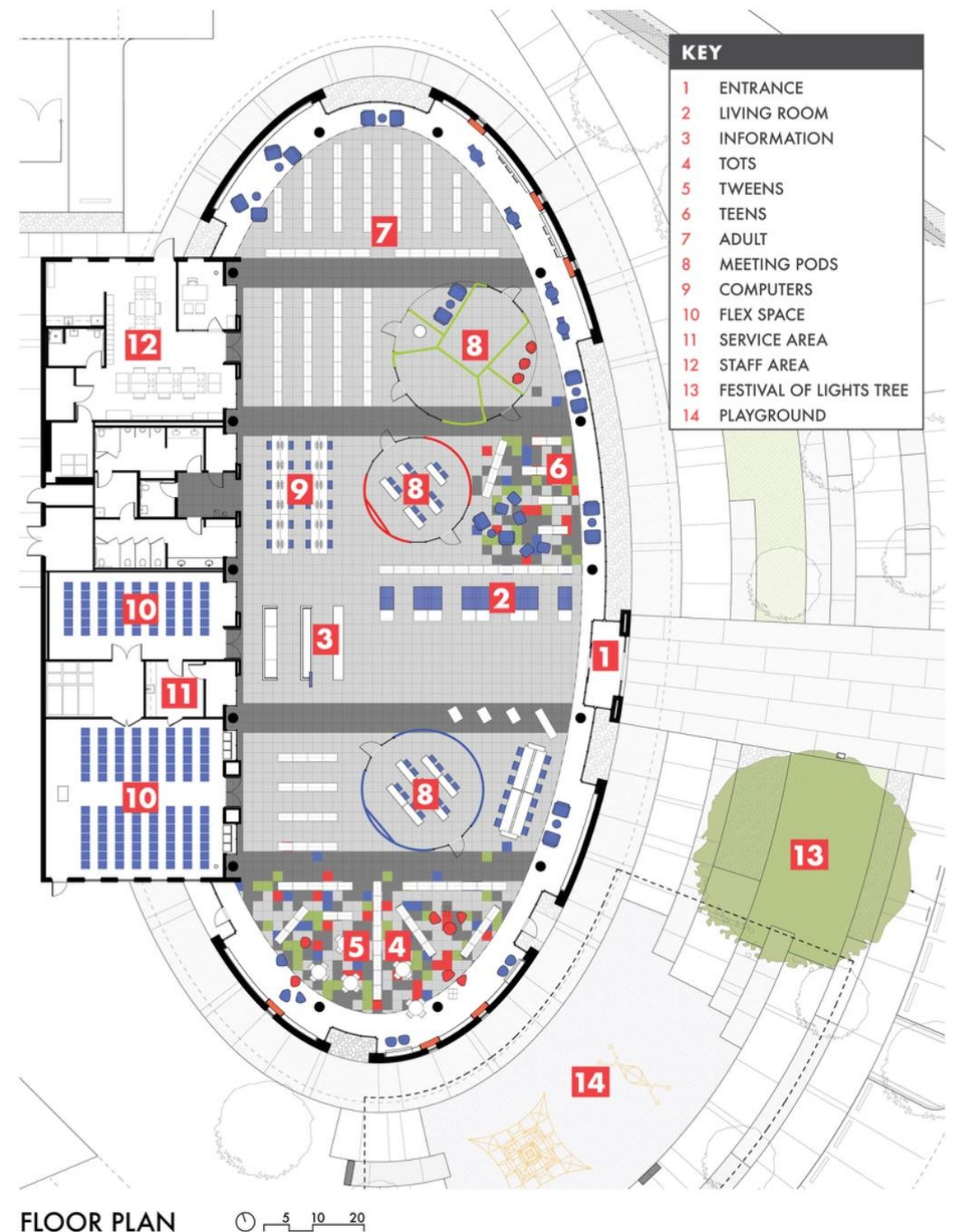
Closed Cell



Case Study #4 - Vickery Park Branch Library



Vickery Park Branch Library



Vickery Park Branch Library

SUMMER SOLSTICE
JUNE 21



1
FLEX SPACES

2
PHOTOVOLTAIC
PANELS

3
COLUMN FREE
GREAT ROOM

4
CLERESTORY &
LIGHT SHELF

WINTER SOLSTICE
DECEMBER 22



5

RAISED FLOOR & PLENUM
FOR FUTURE FLEXIBILITY

6

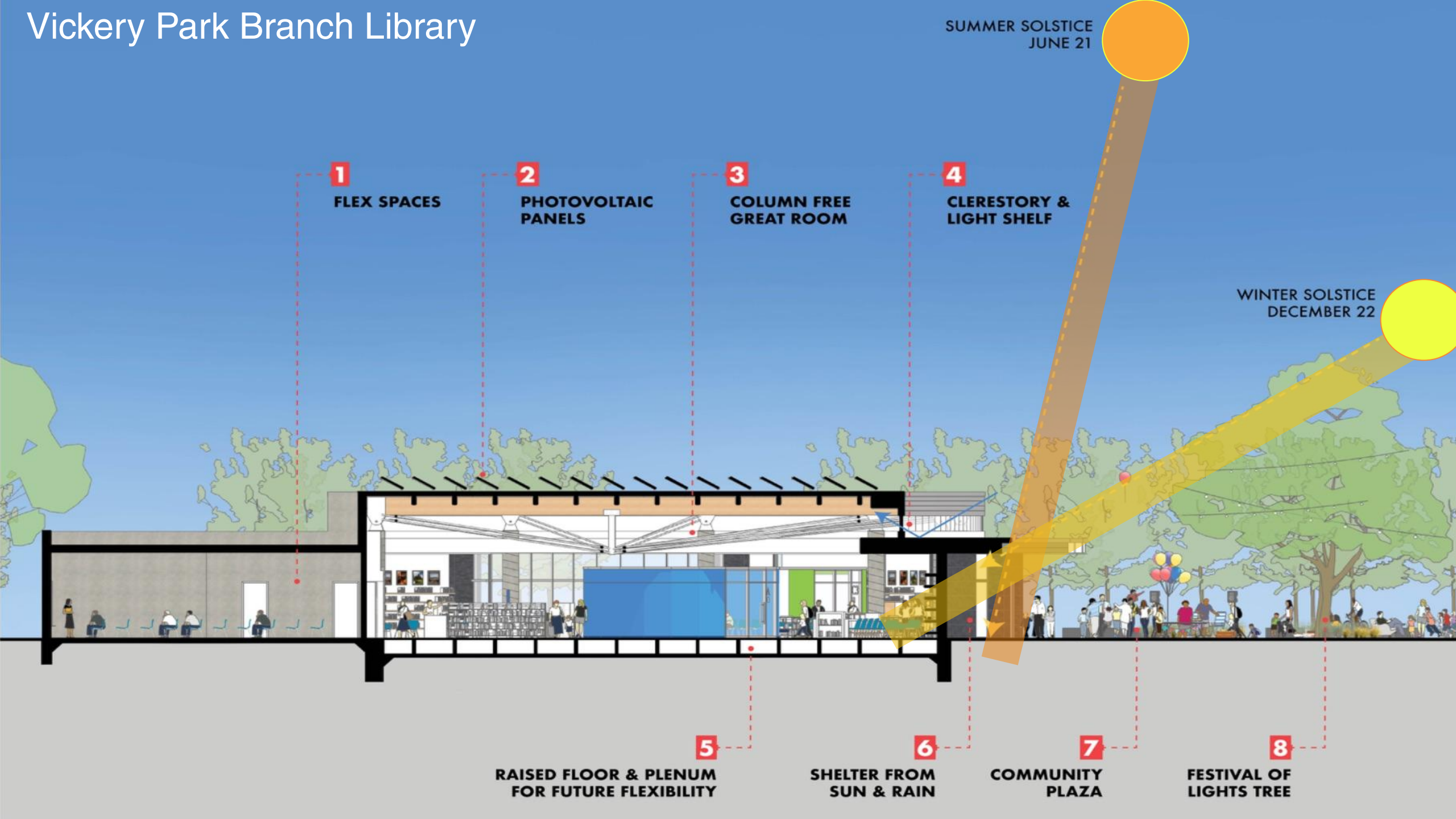
SHELTER FROM
SUN & RAIN

7

COMMUNITY
PLAZA

8

FESTIVAL OF
LIGHTS TREE

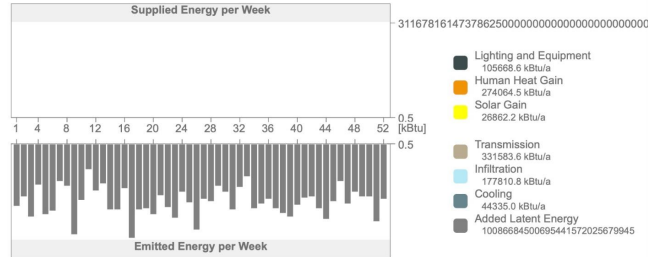


Energy Performance Evaluation
1833 Vickery Meadows Branch Library

Key Values

General Project Data		Thermal Resistances	
Project Name:	Vickery Meadows Branch ...	R value [sq ft.F,hr/Btu]	
City/Location:	Dallas	Building Shell Average:	9.75
Latitude:	32° 47' 0" N	Floors:	38.00 - 2.21
Longitude:	96° 49' 0" W	External:	20.00 - 2.99
Altitude:	0.00 m	Underground:	--
Climate Data Source:	USA_TX_Da...TMY3.epw	Openings:	2.69 - 1.51
Evaluation Date:	1/29/19, 10:15 AM	Specific Annual Values	
Building Geometry Data		Net Heating Energy:	0.00 kBtu/sq ft
Gross Floor Area:	18445.98 sq ft	Net Cooling Energy:	2.49 kBtu/sq ft
Treated Floor Area:	17785.04 sq ft	Total Net Energy:	2.49 kBtu/sq ft
External Envelope Area:	5316.43 sq ft	Energy Consumption:	8.43 kBtu/sq ft
Ventilated Volume:	141881.48 cu ft	Fuel Consumption:	6.58 kBtu/sq ft
Glazing Ratio:	3 %	Primary Energy:	22.86 kBtu/sq ft
Building Shell Performance Data		Fuel Cost:	46.04 USD/sq ft
Infiltration at 50Pa:	0.52 ACH	CO ₂ Emission:	1.45 lb/sq ft
		Degree Days Heating (HDD):	2230.07
		Cooling (CDD):	2937.43

Project Energy Balance



Thermal Blocks

Thermal Block	Zones Assigned	Operation Profile	Gross Floor Area sq ft	Volume cu ft
101 Reading Room / Library	1	Library (open stac...	12785.77	100545.20
113 Auditorium	1	Lecture room, aud...	1331.87	9933.59
127 Staff Work Area	1	Personal office	1300.29	9599.63
118 Restrooms	1	Toilets and sanit...	654.39	4834.51
117 Multi-purpose	3	Classroom	1386.06	9747.18
114 Mech	1	Workshop	987.61	7221.38
Total:	8		18445.98	141881.48

Environmental Impact

Source Type	Source Name	Primary Energy MBtu/a	CO ₂ emission lb/a
Renewable	External Air	55	0
Secondary	Electricity	350	7534
Total:		405	7534

LEED Energy Performance Summary Report

By MEPCE

Section 1.1 - General Information

Simulation Program:	TRACE™ 700 v6.3.4
Principle Heating Source:	Fossil/Electric Hybrid
Energy Code Used:	ASHRAE 90.1-2010
Weather File:	_Full Year Dallas Love Field (Full Year - 8760)
Climate Zone:	3A
New Construction Percent:	100 %
Existing Renovation Percent:	0 %
Quantity of Floors:	1
Proposed:	Alternative 1 - Vickery Meadow Branch Library
Baseline:	Alternative 2 - ASHRAE Baseline 90.1-10 Climate Zone 3A

Section 1.2 - Space Summary

Building Use (Occupancy Type)	Space Area (ft²)	Regularly Occupied Area (ft²)	Unconditioned Area (ft²)
Default	17,136.00	17,136.00	0.00
Total	17,136.00	17,136.00	0.00

Section 1.3 - Advisory Messages

Advisory Messages	Baseline Building (0 deg rotation)	Proposed Building
Number of hours heating load not met:	0	0
Number of hours cooling load not met:	92	85
Total	92	85

Proposed Energy Totals:

Energy Use (MMBtu/yr)	739.23
Process (MMBtu/yr)	103.15

Table 1.6 Table EAp2-9 Energy Cost Summary (Manual Cost Input) - Baseline Case

Energy Type	Baseline Cost (0° rotation)	Baseline Cost (90° rotation)	Baseline Cost (180° rotation)	Baseline Cost (270° rotation)	Average
Electric Consumption	\$39,013	\$39,903	\$39,769	\$38,377	\$39,266

Table 1.6 Table EAp2-9 Energy Cost Summary (Manual Cost Input) - Proposed Case

Energy Type	Proposed Cost
Electric Consumption	\$21,733

Proposed building economic cost improvement over baseline building: 44.65 %

Carbon Neutral Calculation / 2030 Challenge

ABOUT YOUR BUILDING

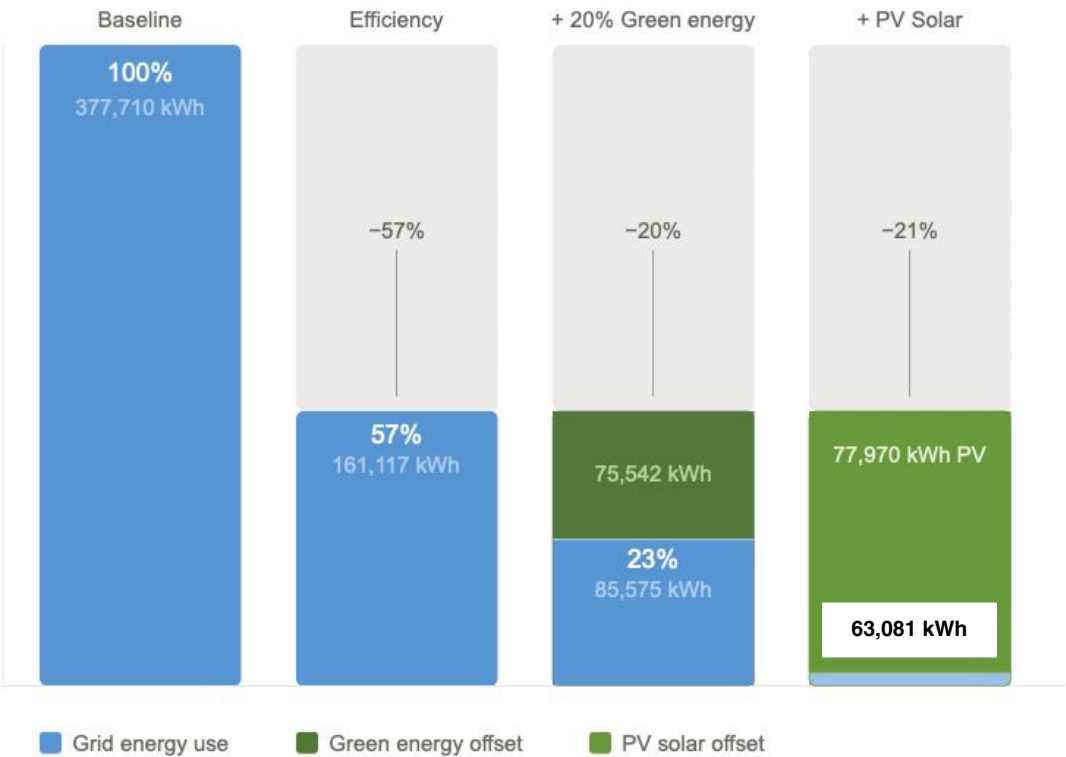
Building Name: Vickery Meadow Branch Library
 Country: United States
 City | State/Prov: Dallas | Texas
 Postal Code: 75231
 Optional Degree Days: HDD 2146 CDD 2946
 New construction Existing Building

RESULTS

Target EUI is 20 based on a 80% reduction

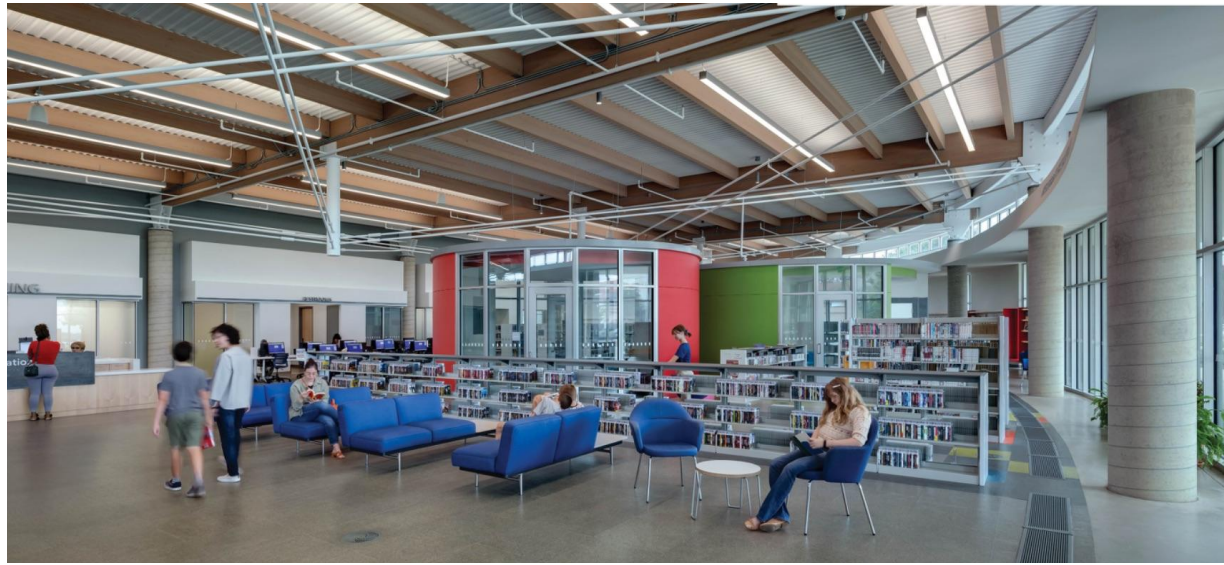
LEED Energy Performance Summary Report
By MEPCE

Proposed Energy Totals:	Energy Use (MMBtu/yr)	739.23
	Process (MMBtu/yr)	103.15



CBECS Calculation Methodology - per National EUI

	kwh	%	(kbtu/sf/yr) EUI
CBECS (2003) baseline for Libraries*	377,710	100.00%	96
Thermal envelope and efficient HVAC performance - 216,593 kwh	(161,117)	(42.65%)	
Green power (20% max of CBECS baseline value)	(75,542)	(20.00%)	
Photovoltaic Panels 140 at 365W = 51.1 KW (77,970.7 kwh/yr)	(77,970)	(20.64%)	
			215,241.3kBtu / 18,000 sf / 1 yr
National Net Carbon per Architecture 2030 Challenge (EUI target = 20 or less)	63,081	-2.01%	11.96



Summary of Benefits

Key Aspects of Energy Modeling in Building Design



Performance Optimization: Evaluates tradeoffs between design options (e.g., window-to-wall ratio, insulation levels) to minimize energy use while ensuring occupant comfort.



HVAC Design: Helps mechanical engineers evaluate different systems and design efficient HVAC systems.



Regulatory / Codes or 3rd Party Green: Used to verify compliance with energy codes (like ASHRAE 90.1) and to achieve green building certifications as LEED.



Cost Analysis: Enables Life Cycle Cost Analysis (LCCA) to compare the upfront construction costs with long-term operational energy savings.



Simulation Scenarios: Models unique factors like building orientation, occupancy schedules, and local weather data for accurate performance

Lifecycle & Performance Gains



Cost Reduction: Modeling can reduce total lifecycle costs by 20% to 30%. It helps “right-size” expensive HVAC equipment, potentially lowering upfront capital expenses.



Risk Mitigation: It acts as a “design-assist” tool to ensure buildings meet evolving energy codes (like ASHRAE 90.1) and avoid costly mid-construction redesigns.



Occupant Comfort: Beyond energy, models predict indoor environmental quality, including daylight levels, humidity, and thermal comfort.



Environmental Impact: In the building industry accounting for roughly 40% of global energy consumption, modeling is essential for meeting carbon neutrality and net-zero goals.



Third Party Certification: It is a required component for obtaining high-value green certifications like LEED, Living Building, or Green Globes.



Renovation & Reuse:
The HiddenPower of Existing Buildings

Session 6
April 14

LINK HERE AND IN THE CHAT!
<https://tinyurl.com/2fjtv5cp>



LEED & The Living Building Challenge

Session 7
July 14



Questions and Discussion

Summary of Benefits

Key Aspects of Energy Modeling in Building Design

- **Performance Optimization:** Evaluates tradeoffs between design options (e.g., window-to-wall ratios, insulation levels) to minimize energy use while ensuring occupant comfort.
- **HVAC Design:** Helps mechanical engineers evaluate different systems and design efficient HVAC systems.
- **Regulatory / Codes or 3rd Party Green:** Used to verify compliance with energy codes (like ASHRAE 90.1) and to achieve green building certifications such as LEED.
- **Cost Analysis:** Enables Life Cycle Cost Analysis (LCCA) to compare the upfront construction costs with long-term operational energy savings.
- **Simulation Scenarios:** Models unique factors like building orientation, occupancy schedules, and local weather data for accurate performance
- **Cost Reduction:** Modeling can reduce total lifecycle costs by 20% to 30%. It helps "right-size" expensive HVAC equipment, potentially lowering upfront capital expenses.
- **Risk Mitigation:** It acts as a "design-assist" tool to ensure buildings meet evolving energy codes (like ASHRAE 90.1) and avoid costly mid-construction redesigns.
- **Occupant Comfort:** Beyond energy, models predict indoor environmental quality, including daylight levels, humidity, and thermal comfort.
- **Environmental Impact:** With the building industry accounting for roughly 40% of global energy consumption, modeling is essential for meeting carbon neutrality and net-zero goals.
- **Third Party Certification:** It is a required component for obtaining high-value green certifications like LEED, Living Building, or Green Globes.

What is energy modeling?

Building Energy Modeling (BEM) is a computer-based, physics-driven simulation that predicts a building's energy consumption, costs, and performance during the design phase. It allows architects and engineers to optimize the building envelope (aka insulation and windows), HVAC, lighting, and other electric loads to meet code compliance, enhance efficiency, and / or reduce carbon emissions.

Key Aspects of Energy Modeling in Building Design

- **Performance Optimization:** Evaluates tradeoffs between design options (e.g., window-to-wall ratios, insulation levels) to minimize energy use while ensuring occupant comfort.
- **HVAC Design:** Helps mechanical engineers evaluate different systems and design efficient HVAC systems.
- **Regulatory / Codes or 3rd Party Green:** Used to verify compliance with energy codes (like ASHRAE 90.1) and to achieve green building certifications such as LEED.
- **Cost Analysis:** Enables Life Cycle Cost Analysis (LCCA) to compare the upfront construction costs with long-term operational energy savings.
- **Simulation Scenarios:** Models unique factors like building orientation, occupancy schedules, and local weather data for accurate performance